

1st Annual EMU Eagles Grande Amplitude! ~ Classic ~



HOSTED BY: **METRO FREESTYLE**

LIMITED TO THE FIRST **400** WRESTLERS

WHERE: **EASTERN MICHIGAN UNIVERSITY - BOWEN FIELD HOUSE - YPSILANTI, MI 48917**

WHEN: MARCH 21, 2010

SCHEDULE: **10:00 AM – WRESTLING BEGINS**

REGISTRATION: IT IS **STRONGLY** SUGGESTED THAT ALL WRESTLERS REGISTER ON OR BEFORE THURSDAY 3/18/2010.

FOR PRE-REGISTRATION MYWA CLUB DIRECTORS WILL LOGIN INTO THEIR PERSONAL CLUB ACCOUNT AND REGISTER.

IF YOU ARE NOT A MYWA MEMBER OR PART OF A CLUB, EMAIL tournaments@mywaywrestling.com TO GET REGISTERED BY:

10:00 PM THURSDAY 3/18/2010 WITH **"EMU FREESTYLE"** IN THE SUBJECT LINE.

WEIGH-INS: ALL SATELLITE WEIGH-IN TIMES & LOCATIONS WILL BE POSTED ON: www.mywaymetro.com & www.mywaeastregion.net

YOU MUST WEIGH-IN IN A SINGLET OR SHORTS AND T-SHIRT. STEP ON ONCE WEIGH-INS WILL BE ENFORCED.

BE READY BEFORE APPROACHING SCALE. **NO EXCEPTIONS!**

AWARDS: 1ST ~ 4TH MEDALS

ENTRY FEES: MYWA MEMBERS **\$10.00** NON-MEMBERS **\$15.00**

MEMBERSHIP CARD: SEE: www.mywaywrestling.com

ADMISSION: \$5.00 ADULTS, \$3.00 CHILD, FAMILY \$12.00 – **ALL NON-WRESTLERS WILL BE CHARGED**

AGE GROUPS: AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH.

PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION.

A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.

RULES: **MODIFIED HIGH SCHOOL RULES**

- AGE GROUPS 05-03 AND 02-01: THREE, 1 MINUTE PERIODS
- AGE GROUPS 00-99, 98-97, AND 96-94: 1 ½ MINUTE PERIODS
- HS AND ADULT: THREE 2 MINUTE PERIODS
- SINGLET OR T-SHIRT AND SHORTS ARE REQUIRED.
- ONE STEP ON SCALE AT WEIGH-INS
- MOUTH GUARDS MANDATORY FOR WRESTLERS WITH BRACES
- HAIR CAPS ATTACHED TO HEADGEAR MANDATORY FOR WRESTLERS NOT GROOMED TO HS STANDARDS.
(HAIR LENGTH MUST BE ABOVE EYEBROW, EARLOBES, AND COLLAR.)
- IF LESS THAN THREE WRESTLERS ARE IN A WEIGHT CLASS, THE TOURNAMENT HAS THE RIGHT TO MOVE THEM UP ONE WEIGHT CLASS
(IN THE SAME AGE GROUP) EXCEPT FOR HEAVYWEIGHT.
- MULTIPLE ENTRIES ARE PERMITTED
- AGE GROUP BUMPING IS PERMITTED AT THE ENTRANTS REQUEST

WEIGHT CLASSES: **05-03:** 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT

02-01: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT

00-99: 47, 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, 130, 150, HWT

98-97: 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT

96-94: 70, 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

HS: 98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285

Adult: 125, 133, 141, 149, 157, 165, 174, 184, 197, 235, 300

OTHER INFORMATION: ONLY TWO COACHES PER MAT, ANYONE OPERATING VIDEO EQUIPMENT ON THE MAT WILL BE CONSIDERED ONE COACH
FOOD WILL BE AVAILABLE ALL DAY

CONTACT INFO: JOHN BURKE @ abwrestlingclub@comcast.net OR EARL SCHUTT @ metrocompetitions@hotmail.com

FOR THE MOST UP TO DATE INFO REGARDING THIS TOURNAMENT CHECK: www.mywaymetro.com



Marriott

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Ann Arbor Marriott Ypsilanti at Eagle Crest
1275 South Huron St, Ypsilanti, MI 48197
www.annarbormarriott.com or
www.marriottannarbor.com
Phone 734-487-2000 / Fax 734-487-0773

Directions
Route I-94 exit #183
Between Ann Arbor and Belleville