



# MYWAY LADIES CHAMPIONSHIP

In Cooperation with the USGWA

HOSTED BY: THE **EAST & METRO DETROIT REGIONS**

WHERE: **EASTERN MICHIGAN UNIVERSITY - BOWEN FIELD HOUSE - YPSILANTI, MI 48917**

WHEN: **MARCH 21, 2010**

SCHEDULE: **10:00 AM – WRESTLING BEGINS**

**REGISTRATION:** IT IS **STRONGLY** SUGGESTED THAT ALL WRESTLERS REGISTER ON OR BEFORE THURSDAY 3/18/2010.  
FOR PRE-REGISTRATION MYWA CLUB DIRECTORS WILL LOGIN INTO THEIR PERSONAL CLUB ACCOUNT AND REGISTER.  
IF YOU ARE NOT A MYWA MEMBER OR PART OF A CLUB, EMAIL [tournaments@mywaywrestling.com](mailto:tournaments@mywaywrestling.com) TO GET REGISTERED BY: 10:00 PM THURSDAY 3/18/2010 WITH **"LADIES"** IN THE SUBJECT LINE.

**WEIGH-INS:** MARRIOTT – EAGLE CREST, 1275 S HURON STREET, YPSILANTI, MI 48197 ~ SATURDAY, MARCH 20TH, 3:00 PM - 6:00 PM  
ALL OTHER SATELLITE WEIGH-IN TIMES & LOCATIONS WILL BE POSTED ON: [www.mywaymetro.com](http://www.mywaymetro.com) & [www.mywaeastregion.net](http://www.mywaeastregion.net)  
YOU MUST WEIGH-IN IN A SINGLET OR SHORTS AND T-SHIRT. STEP ON ONCE WEIGH-INS WILL BE ENFORCED.  
BE READY BEFORE APPROACHING SCALE. **NO EXCEPTIONS!**

**AWARDS:** 1<sup>ST</sup> ~ 4<sup>TH</sup> MEDALS

\*\* CHAMPIONS ARE ELIGIBLE FOR **USGWA NATIONAL CHAMPIONSHIP** TOURNAMENT ENTRY FEE REIMBURSEMENT.

**ENTRY FEES:** PRE-REGISTERED WRESTLERS **\$20.00** ~ ALL OTHERS **\$25.00**

**ELIGIBILITY:** ANY GIRL/WOMAN WHO IS AGE 5 OR OLDER.

**ADMISSION:** \$5.00 ADULTS, \$3.00 CHILD, FAMILY \$12.00 – **ALL NON-WRESTLERS WILL BE CHARGED**

**STYLE:** FOLKSTYLE (HIGH SCHOOL STYLE)

**AGE GROUPS:** AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH.

**PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION.**

**A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.**

**RULES:** MODIFIED HIGH SCHOOL RULES

- ANY GIRL/WOMAN WHO IS AGE 5 OR OLDER.
- **ELEMENTARY DIVISION** – K-5 GRADERS. MATCHES THREE, 1 MINUTE PERIODS
- **MIDDLE SCHOOL DIVISION** – 6-7-8 GRADERS THREE, 1 ½ MINUTE PERIODS
- **HIGH SCHOOL DIVISION** – 9-10-11-12 GRADERS THREE, 1 ½ MINUTE PERIODS
- **OPEN/COLLEGIATE DIVISION** – NO LONGER IN HS THREE 2 MINUTE PERIODS (NO RIDING TIME)
- SINGLET OR T-SHIRT AND SHORTS ARE REQUIRED.
- MOUTH GUARDS MANDATORY FOR WRESTLERS WITH BRACES
- HAIR CAPS ARE OPTIONAL
- MINIMUM OF 4 WRESTLERS PER CHART
- IF LESS THAN THREE WRESTLERS ARE IN A WEIGHT CLASS, MYWAY HAS THE RIGHT TO BLOCK WEIGHTS WHEN NECESSARY. (IN THE SAME AGE GROUP)



**USGWA**

**WEIGHT CLASSES:**

<b>ELEMENTARY :</b>	BLOCKED WEIGHTS DURING 2010 SEASON
<b>MIDDLE SCHOOL:</b>	65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 155, 180, 220
<b>HIGH SCHOOL:</b>	98, 103, 108, 112, 116, 120, 124, 128, 133, 139, 146, 155, 170, 250
<b>OPEN/COLLEGIATE:</b>	97, 105, 112, 121, 130, 138, 148, 158, 182, 209, 250

**OTHER INFORMATION:** FOOD WILL BE AVAILABLE ALL DAY, TOURNAMENT T-SHIRTS AVAILABLE FOR \$10.00

**CONTACT INFO:** E-MAIL RITCH ROBERTS [rcckb@msn.com](mailto:rcckb@msn.com), OR MIKE NAPIERAJ AT [mywaymetro@hotmail.com](mailto:mywaymetro@hotmail.com)

FOR THE MOST UP TO DATE INFO REGARDING THIS TOURNAMENT CHECK: [www.mywaymetro.com](http://www.mywaymetro.com) & [www.mywaeastregion.net](http://www.mywaeastregion.net)

## HOST HOTEL

**Marriott.**  
ANN ARBOR YPSILANTI  
AT EAGLE CREST

1275 S HURON STREET  
YPSILANTI, MI 48197  
(734) 487-2000

WEIGH-IN AVAILABLE: SATURDAY, MARCH 20TH, 3:00 PM - 6:00 PM  
**(BRACKETS WILL BE POSTED IN BENTLEY'S CONFERENCE ROOM)**

# Marriott.

ANN ARBOR YPSILANTI  
AT EAGLE CREST

## Welcome MYWA to Southeast Michigan's Only Golf and Conference Resort!



***Contemporary...Edgy...Chic*** Come see what everyone is talking about!

~ FEATURES AND AMENITIES ~  
Ann Arbor Marriott Ypsilanti  
at Eagle Crest Resort

- Luxuriously appointed guest rooms with amenities that ensure a comfortable and productive stay
- "The room that works" spacious workstation with ergonomic chair, modem jack and desk lamp
- Valet/laundry service, cable TV "On Demand" movies
- Complimentary WiFi in guestrooms
- Indoor pool, whirlpool, sauna
- New state of the art workout facility
- Bentley's American Grille Restaurant
- "The View" Lobby Bar
- Express check-in/check-out
- Concierge floor amenities
- 40,000 square feet of banquet and conference facilities
- Eagle Crest Golf Club is an eighteen-hole championship golf course designed by Karl Litten of Boca Raton, FL
- Resort -like feel with the comfort of being only 12 miles from Detroit Metropolitan Airport
- Conveniently located only 2 miles to Ypsilanti's Historic Depot town and 7 miles from downtown Ann Arbor
- Marriott Rewards Program
- One mile nature walking trail and tennis courts



**March 20<sup>th</sup> Special...**  
Standard King and Double room \$79.00  
**Online Booking Code is MYWMYWA**



Ann Arbor Marriott Ypsilanti at Eagle Crest  
1275 South Huron St, Ypsilanti, MI 48197  
www.annarbormarriott.com or  
www.marriottannarbor.com  
Phone 734-487-2000 / Fax 734-487-0773

Directions  
Route I-94 exit #183  
Between Ann Arbor and Belleville